

# 1 Biz Step a Day...

## Projects, Practices and Productivity

June 2020

The Coaching Business Builder and PlanDoTrack philosophy is:

### Daily Steps+ Consistent Action = Momentum

Small actions every day create momentum. Every month for 2020 I'm publishing a monthly calendar of quick 15-minute activities or daily steps, getting you into consistent action to create momentum around the things that matter most to you.

In today's busy world, we often get so busy **Reacting**, that we don't have time to be **Proactive** about the things that are important to us. It is these proactive activities that usually move us ahead in the long-term, often one-step at a time.

These daily prompts are geared to nudge you into daily steps and consistent 15-minute windows of action. This month we focus on **getting things done**.

These monthly sprints are intended to be a 15-minute blitz. Set your timer and see how far you get.

#### DAILY PROMPTS – JUNE 2020

Our focus this month is on projects, practices and principles. Some of our June topics may be more about slowing down and thinking about your values, motivators and drivers, rather than doing specific things. May's focus was all about getting things done. March and April's focus was on **setting yourself up for remote work success**. **This month is all about getting you focused on what's important and is going to help you with being productive**. What are the things that are going to help you expand your remote work focus and impact? Here are some daily prompts to support your focus:

- 1 Make a list of your top goals for the month. What are the top 3 things you want to complete? Take stock of last month's achievements. What was the main thing you got done? What are you committed to doing this month? This quarter?
- 2 What are the practices (things you do on a regular basis) which you want to make sure are consistent this month. Practices can include daily journaling, meetings with your team or stakeholders, exercising every day. Consider the practices this month which will help you do your best work.
- 3 What are your priorities for the month? What time are you earmarking to focus on these items this month?
- 4 What are the 3 main projects you are focus on this month? What are the key milestones? What's going to not only ensure success, but expedite the projects?
- 5 Spend 15 minutes today reflecting on the principles underlying your work and success. AS you consider your projects and practices this month, what's going to help you be really successful?
- 6 Consider what will amplify your practices this month? What do you need to keep saying YES to? What do you need to say NO to?
- 7 Consistency – What consistent action do you want to take today, and every day, this month around this goal?
- 8 Tackle the one area of your most important project which isn't getting any attention
- 9 What feedback are you getting around your projects? How can this inform your steps in the next week?



#### A Business Step a Day! - 2020

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- 10 What resources will help you be successful with your projects? Add on a resource to support you.
- 11 Consider one of the principles which grounds your work. What is important to focus on today?
- 12 Feedback – What feedback do you need from others to help you complete this task. Ask for feedback.
- 13 Get it Done – Take action today until the dangling item with this project gets done.
- 14 Project Blitz – look at the projects you have on the go. What needs to be communicated? What needs to be completed? Take 15 minutes to do that now.
- 15 Clear the decks – what’s the one task that NEEDS to be wrapped up?
- 16 Follow-up – What items need follow up? Spend 15 minutes noting and acting on loose ends.
- 17 Connect in with others – Who can help you do this faster or differently?
- 18 Get another pair of eyes on your project. What feedback can they offer you?
- 19 Look to see what you can check off your list today – quickly! Get some momentum gong.
- 20 Free Action Day – What do you really want to cross-off your list? Is there something you haven’t tackled yet?
- 21 Milestone check. What needs attention in your realm of projects right now?
- 22 Communication -what’s the communication you want to focus on?
- 23 Reflective pause. Consider what’s worked really well this month. What has? What hasn’t?
- 24 Open Day – What needs attention/updating or action?
- 25 Take action and get it done. Be aware of what is good enough vs. what needs to be perfect.
- 26 Give your project milestones another major push today. Get a task or activity across the finish line.
- 27 Review your plans from this month and for next month. Are the plans detailed? Prioritized? Are they scheduled?
- 28 Open Day. What needs attention/updating or action?
- 29 Review what worked for you this month, noting what you achieved and what’s no longer on your list. What needs to be carried forward or scheduled for future months? Schedule it now.
- 30 Review what metrics you have been tracking. Note changes for next month.
- 31 Celebrate and note your learning. What’s shifted in your business this month?

If you want to take an even deeper dive around the topics listed here, consider checking out the posts at the Coaching Business Builder Blog at [www.CoachingBusinessBuilder.com](http://www.CoachingBusinessBuilder.com), or if you are a virtual or remote worker, look at [www.PlanDoTrack.com](http://www.PlanDoTrack.com). Both books are now available at the Potentials Realized store.

If you are looking to grow your skills in the area of virtual facilitation to lead better virtual calls, virtual retreats, virtual team building sessions, consider joining us for the Virtual Facilitation Essentials program (approved for 8.5 CCEs). One day sessions offered several Wednesdays of each month.

Share with others your **#1BizStepaDay** on Instagram or other social media channels using the hashtag **#1BizStepaDay**

You’ll also want to follow the **#90DaysPlanDoTrack** series on Instagram **@CoachingBizBuilder**. Enjoy!

Jennifer Britton - Potentials Realized | Co-host of the Remote Pathways Podcast

